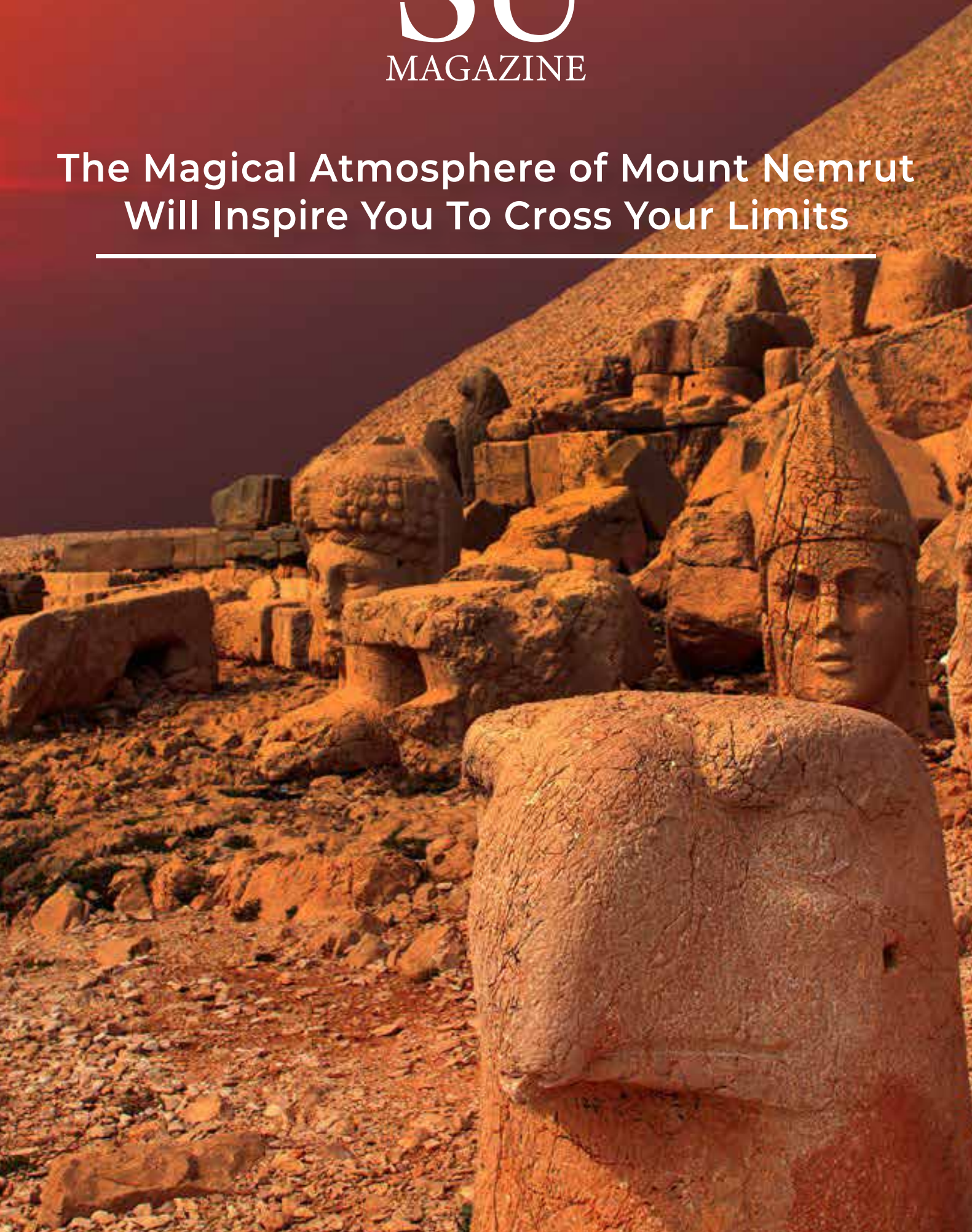


October 2022

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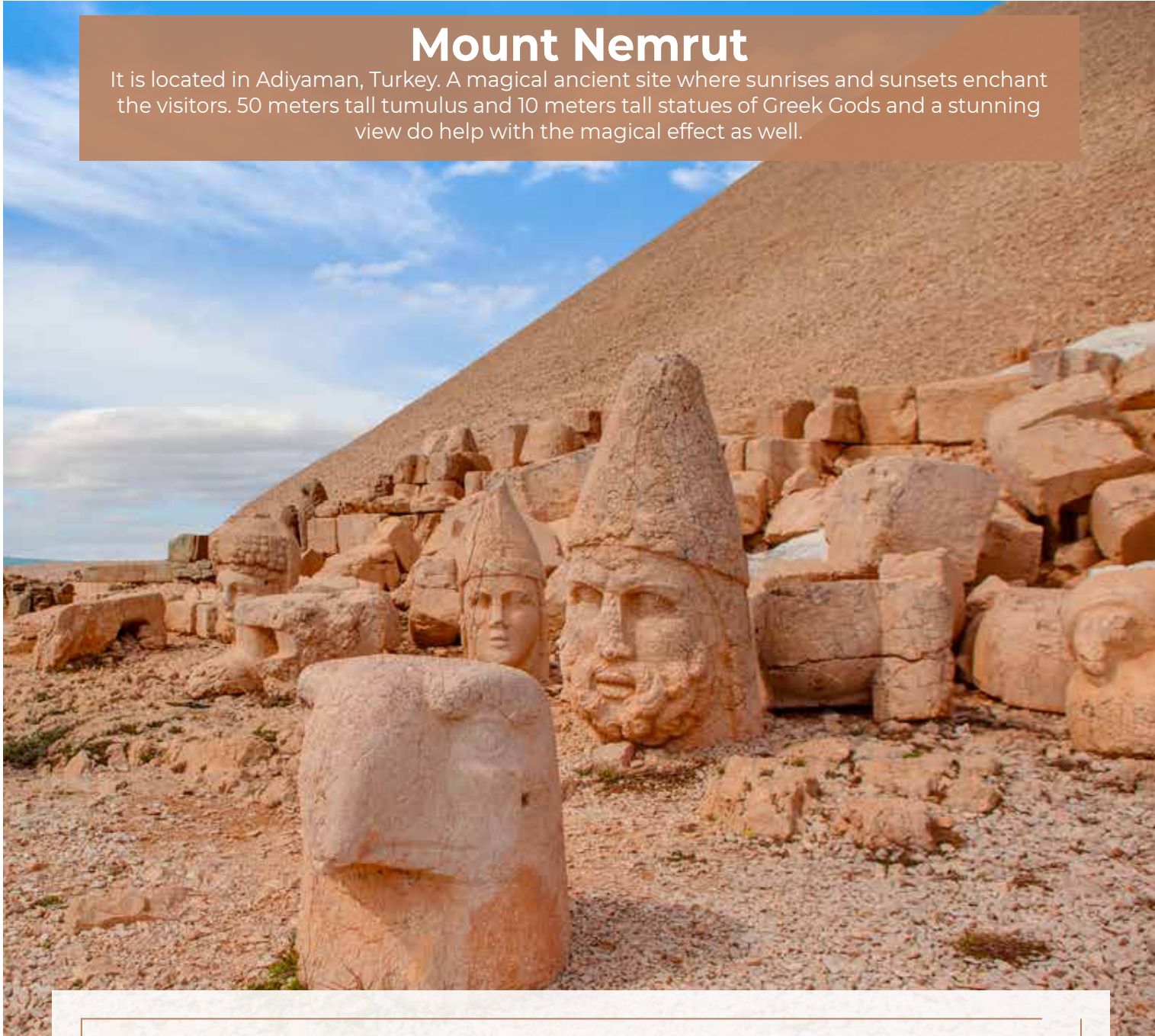
The Magical Atmosphere of Mount Nemrut
Will Inspire You To Cross Your Limits



Mount of Gods And A King: Mount Nemrut

Mount Nemrut

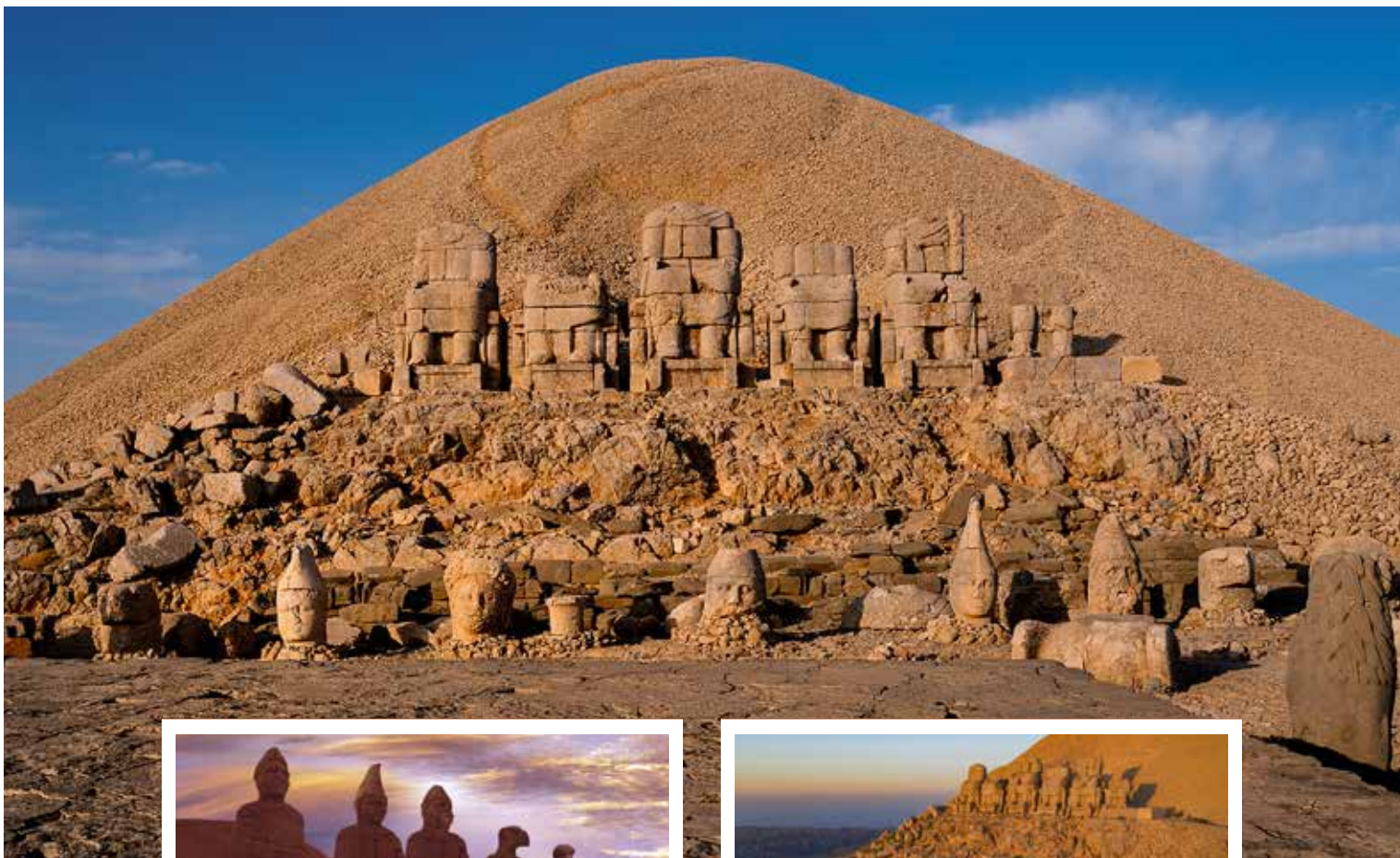
It is located in Adiyaman, Turkey. A magical ancient site where sunrises and sunsets enchant the visitors. 50 meters tall tumulus and 10 meters tall statues of Greek Gods and a stunning view do help with the magical effect as well.



Over 2000 years ago King Antiochus I, the king of the Commagene Kingdom commissioned the construction of this monument on the summit of Mount Nemrut, which has become one of the most iconic places in the world. King Antiochus I (69–34 B.C.) of Commagene constructed his own temple-tomb, surrounded by colossal statues. By building this monument he aimed to convince people he was a God. No matter what his motives were there is no question he achieved to create one of the most exceptional and ambitious ancient sites in the world. In 1987 Mount Nemrut (Nemrut Dağı) was inscribed on the UNESCO World Heritage List. The reason for this distinction was the unique artistic achievement that transform a natural mountain landscape into a monumental architectural complex.

Mount of Gods And A King: Mount Nemrut

The King is believed to be buried under this massive artificial mound, made out of crushed limestone. It is surrounded by three terraces - East, North, and West. Giant statues are located on the East and West terraces of the tumulus. The breathtaking statues include one of the king himself as well as two lions, two eagles, and many Greek and Persian gods including Zeus, Hercules, and Apollo. Five Deities and King Antiochus I pantheons are flanked by the two guarding animals. The eagle is the protector of the sky and the lion is the protector of the land. The Hierothesion on Mount Nemrut is an extraordinary testimony to the civilization of the Commagene Kingdom and the ambitions of independence from the powers of the East and the West. Mount Nemrut is a perfect illustration that combined religious and artistic influences of Greece, Persia, and Armenia, with local Anatolian cults.



Mount Nemrut is at an altitude of 2134 meters and the temperature drops significantly at night. Therefore, the best time to visit the site is between May and October. At this peak of this magnificent mountain watching sunrise and sunset is the most beautiful thing you can witness. Over two thousand years King Antiochus I and his fellow Gods are witnessing the magical sunrises and sunsets of Anatolia every single day. Commagene people cross their limits to create this exceptional monument. There is nothing left between you and the sky at Mount Nemrut. Experiencing Magical Anatolian sunshine and the gorgeous statues will inspire you to cross your own limits, to the sky.

ACTIVITIES

Get Ready To Get Lost! Grand Bazaar (Kapali Carsi)

Carsi (Grand Bazaar) is the oldest and biggest covered market in the world. The bazaar has its own mosque, post office, restaurants, banks, and police station, making it a small city. Get ready to get lost in the enchanting shops of Grand Bazaar and forget the concept of time.

Construction of the Grand Bazaar began right after the conquest of Constantinople in 1461. For centuries the Grand Bazaar was the most vital center of commerce, handcraft, and finance in the Mediterranean and Near East. It evolved and grew with time into today's massive shopping and cultural complex. Every street is dedicated to a profession. Today most of these professions have disappeared but their memories live on through the names of the streets. Arriving through one of the 22 entrances, you can find the highest quality jewelry, carpets, textiles, fine art, antiques, and historical relics. Some of these authentic stores date back 500 years ago, so the knowledge of their craftsmanship. Walking among the Roman-style pillars of indoor arcades gives you a glimpse of what Turkey has to offer.

Get Ready To Get Lost!

Grand Bazaar (Kapali Carsi)

The different products sold in 4000 stores do not end with counting, but these stores have one thing in common. The Turkish tea that you are offered every time you get in one of these stores. Turkish people are known for their hospitality and friendliness. 250.000 people visit Grand Bazaar every day and every single one of them leaves with a smile on their face and most of them with bags filled with authentic goods.



Unsurprisingly, the Grand Bazaar is one of the world's top tourist attractions. Grand Bazaar offers one of the greatest shopping experiences in the world. But a visit here is not simply about shopping for souvenirs. With its arcaded main streets and narrow alleys leading between hans (old trader inns) and bedestens (market halls), it is one of the best places to visit in Istanbul to get a sense of Ottoman life and Turkish Culture.

This unique Istanbul market is open from Monday to Saturday between the hours of 9 am to 7 pm.
The Bazaar is closed on Sundays and days of religious holidays.

Four Amazing Turkish Vegan Delicacies



CIGKOFTE

Literally translated into “raw meatball” the Cigkofte is sold in specialty shops and small street stalls. It is made from bulgur wheat rice – not meat. Cigkofte is often spicy, optionally spicier, and flavored with pomegranate sauce. It was one made with raw meat but in 2004 it was prohibited. Since then Cigkofte is completely vegan.



GOZLEME

Gozleme is hand-rolled dough that can be stuffed with spinach or potato and cooked over a special griddle. It can also be stuffed with cheese or meat so make sure to order vegan. There's a chance that butter is used but often in larger establishments, it's olive or sunflower oil. It's better to double-check.



DOLMA

Delicious dolma is vegan as well which in Turkish literally means “stuffed.” The name dolma can be applied to a number of stuffed Turkish delicacies ranging from stuffed grape leaves to stuffed peppers, eggplants, and so on. Most of these dolmas come in meat and vegan variations, with the latter variation being much more widely available. Dolma is a great vegan dish. Keep in mind that most of the Zeytinyagli Turkish Dishes are vegan.



SIMIT

Probably the most widespread Turkish street food is this delicious sesame seed-covered bread ring called Simit. It is a kind of bread but isn't made with dairy or eggs. It makes it accidentally vegan, which is great for vegans searching for vegan food on the street.

UNDER EYE MESOTHERAPY

The skin beneath the eyes is extremely delicate and thinner than the rest of the body. Due to this reason, the skin under and around the eyes is more inclined to wrinkles and sagging. Also as we age, the appearance of the under-eyes becomes darker and more noticeable. Mesotherapy offers non-surgical, safe, and effective skin rejuvenation from within. After the procedure under eyes will look and feel brighter, healthier, tighter, and rejuvenated.

Contact with Clinic Team

+90 534 261 65 05

konukclinic.com

info@konukclinic.com

[konukclinic](https://www.instagram.com/konukclinic)



Event Calendar

Musical

32. Akbank Jazz Festival
24 September - 9 October
Istanbul

Musical

**32. akbank
caz festivali**

Şehrin caz hali
24 Eylül-9 Ekim 2022

Concert

Travis - The Invisible Band
19 October 21:30 Turkcell Sahnesi
Istanbul

Concert



Explore

SALT Galata
Tuesday-Saturday 11.00-19.00
Sunday 11.00-18.00
Istanbul Beyoglu

Explore



Festival

59th Antalya Golden
Orange Film Festival
1-8 October
Antalya

Festival



The playlists of Sura Hotels are now on Spotify